

OUR BACKGROUND:

Since its inception in 1998, Road Rules Driving School has strived to help drivers maintain their driving independence while leading safe and productive lives. Our motto "making drivers safe for life" drives our vision of helping G class drivers across industries and at all stages of our driving careers.

Road Rules started out working with school boards to deliver driver training to beginner drivers. Thousands of students have graduated from our ministry-approved curriculum. We are also ministry-approved to instruct defensive driving (DDC) and driver improvement courses (DIC), for drivers with speeding tickets, demerit points and at fault crashes.

Road Rules has also evolved to provide comprehensive driver rehabilitation to those who have lost or are at risk of losing their license for medical reasons. This includes mobility issues requiring adaptive equipment, as well as traumatic crashes resulting in cognitive impairments and PTSD. We work with clients before the courts charged with impaired driving (alcohol, cannabis), road rage, stunt driving (7 and 2-hour courses), dangerous driving and driving without or on a suspended license.

Founder Matthew Rivers started driving at an early age on his parent's farm. Driving professionally and doing so safely is in his DNA. Matthew has a degree in Business and Psychology from Bishop's University and is a certified in-car and in-class driving instructor.

MAINTAINING DRIVING INDEPENDENCE, WHILE LEADING SAFE AND PRODUCTIVE LIVES!



FOR MORE INFORMATION:



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Road
RULES DRIVING SCHOOL

STUNT DRIVING

2-HR COURSE

A 2-HOUR COURSE FOR THOSE
CHARGED WITH STUNT DRIVING
(EXCESSIVE SPEEDING).



STUNT DRIVING

DURING THE COURSE WE WILL COVER:

Defensive Driving:

- I. Lane position (better to drop two wheels on the shoulder than hit an oncoming vehicle)
- II. Following distance (varies depending on speed and conditions); space cushion driving (always have an out)
- III. Strategic driving / what we do with our eyes
- IV. What a good scanning system should incorporate (many things/prioritize)
- V. Keep your eyes moving (motion induced blindness); what to consider when scanning intersections; blind spots (what are they and why do we check them)
- VI. Intersections: stale green light vs fresh green light; how to tell the difference and why it is important to know well in advance of entering the intersection; point of no return

Following Distance:

How much time do we need to leave between us and the vehicle in front at different speeds and in different conditions

Defensive Stopping:

Prevent being hit from behind when drivers are not paying attention or vehicles losing brakes (including poorly maintained fleet vehicles)

Law:

Highway Traffic Act (privilege vs right)

Winter Driving & Skid Control:

Different weather conditions and their impact (visibility; surface/friction factors)

Aggressive Driving, Road Rage & Stress/Self-Care:

Ensure cerebral part of brain is making decisions and not "lizard" part of brain (fight or flight and the amygdala vs prefrontal cortex)

Distracted Driving:

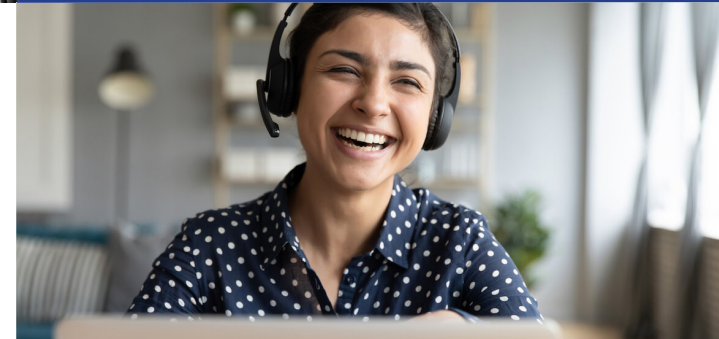
Hands free is not risk free; types of distractions behind the wheel (including inside the car such as navigational display); visual fields of distracted driver

Reflective study/strategy to manage:

Events & triggers leading up to the charge

- I. Alternatives--what tangible things can we do differently moving forward; examining stressors

**COURSE
COST:
\$174.99^{+hst}**



ONLINE LEARNING!

COURSES ARE DELIVERED REMOTELY, INCLUDING:

- Video
- Powerpoint presentation
- Workbook
- Question module
- Bonus: Proprietary handout Changing gears

Completion of the course is dependent on comprehension of the fundamental concepts of the course.

Upon successful completion of the course, a letter of completion will be sent to the client and can be copied to legal representative upon request.